

October 2008

M	T	W	T	F
<p>Remember Fire Prevention week is the 5th through the 9th. Plan your fire escape with your family.</p>			1	2
			Beef Crispy Tacos Side of Mixed Veggies Salad Bar Fruit Milk, Chocolate Milk or Apple Juice	Turkey or Ham Grilled Cheese Sandwich Ramen Soup Salad Bar, Fruit Milk, Chocolate Milk or Apple Juice
5	6	7	8	9 Early Out @ 1pm
Beef Burritos Side of Green Beans Salad Bar Fruit Milk, Chocolate Milk Apple Juice	BellPepper Chicken On Whole Grain Rice Side of Mixed Veggies Salad Bar, Fruit Milk, Chocolate Milk Apple Juice	Bean Burrito Side of Baby Carrots Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Beef Tosatadas Side of Mixed Veggies Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Pizza (Cheese/Pepperoni) Side of Celery Salad Bar Fruit Milk, Chocolate Milk Apple Juice
12	13	14	15	16



FALL BREAK

Every student needs lunch during the school day. Research has shown that a hungry child does not learn as well, and a child with an empty stomach is not able to fully participate in learning experiences. Good nutrition is critical to student achievement.

19	20 Buckelew Farm Elem.	21	22 Buckelew Farm MS	23
Chili on Whole Grain Rice Side of Baby Carrots Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Chili Dogs or Hot Dogs Side of Celery Sticks Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Ham & Macarroni Salad Side of Corn Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Chili Frito Pie Side of Celery Sticks Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Cheese Enchiladas Side of Mixed Veggies Salad Bar Fruit Milk, Chocolate Milk Apple Juice
26	27	28	29	30
Meatballs Subs Baby Carrots Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Beef Nachos Side of Broccoli Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Sloppy Joes on a Bun Side of Baby Carrots Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Hamburgers on a Bun Side of Baby Carrots Green Beans, Salad Bar Fruit Milk, Chocolate Milk Apple Juice	Chicken Fajitas Side of Veggies Salad Bar Fruit Milk, Chocolate Milk Apple Juice

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Menus are subject to change without notice.

